

デイケア活動予定 (2026年5月)

| 月 | 火 | 水 | 木 | 金 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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|  | <p>※JR高松駅より無料の送迎バスが(月)~(金)に運行しています。 <行き> 高松駅 8:20 9:10 → デイケア <帰り> デイケア 14:55 → 高松駅</p> | | <p>プログラムは、状況により内容や日時が変更になることがあ</p> | <p>1</p> <p>朝のつどい9:15 モーニングエクササイズ9:30</p> <table border="1"> <tr> <td>話し合い</td> <td>奉仕活動</td> </tr> <tr> <td>10:00</td> <td>10:30</td> </tr> <tr> <td>昼食</td> <td>12:00~13:00</td> </tr> <tr> <td>ソフトバレー</td> <td>風船バレー</td> </tr> <tr> <td>13:00</td> <td>13:00</td> </tr> <tr> <td>帰りのつどい</td> <td>14:45</td> </tr> </table> | 話し合い | 奉仕活動 | 10:00 | 10:30 | 昼食 | 12:00~13:00 | ソフトバレー | 風船バレー | 13:00 | 13:00 | 帰りのつどい | 14:45 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 話し合い | 奉仕活動 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| ソフトバレー | 風船バレー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 帰りのつどい | 14:45 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 振替休日 | こどもの日 | 振替休日 | <p>7</p> <p>朝のつどい9:15 モーニングエクササイズ9:30</p> <table border="1"> <tr> <td>作業 (創作活動)</td> <td>茶道</td> </tr> <tr> <td>10:00</td> <td>10:00</td> </tr> <tr> <td>昼食</td> <td>12:00~13:00</td> </tr> <tr> <td colspan="2">自由活動</td> </tr> <tr> <td>13:00</td> <td>13:00</td> </tr> <tr> <td>帰りのつどい</td> <td>14:45</td> </tr> </table> | 作業 (創作活動) | 茶道 | 10:00 | 10:00 | 昼食 | 12:00~13:00 | 自由活動 | | 13:00 | 13:00 | 帰りのつどい | 14:45 | <p>8</p> <p>朝のつどい9:15 モーニングエクササイズ9:30</p> <table border="1"> <tr> <td colspan="2">作業 (創作活動)</td> </tr> <tr> <td colspan="2">10:00</td> </tr> <tr> <td>昼食</td> <td>12:00~13:00</td> </tr> <tr> <td>ソフトバレー</td> <td>ポッチャ</td> </tr> <tr> <td>13:00</td> <td>13:00</td> </tr> <tr> <td>帰りのつどい</td> <td>14:45</td> </tr> </table> | 作業 (創作活動) | | 10:00 | | 昼食 | 12:00~13:00 | ソフトバレー | ポッチャ | 13:00 | 13:00 | 帰りのつどい | 14:45 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 自由活動 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 男子会・女子会 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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